



**HOURS**  
**8AM - 10PM**

## *Smoothies*

**Small \$8    Large \$10**

### **BERRY NICE**

Strawberry, Blueberry, Raspberry,  
Acai, Almond Milk, Dates, Agave

### **GREENS MACHINE**

Apple, Kale, Spinach, Cucumber,  
Lime Juice, Agave

### **TROPICAL PARADISE**

Pineapple, Banana, Guava,  
Mango, Protein Powder,  
Soy Milk, Agave

### **PEANUTBUTTERCHOCOHOLIC**

Cocoa, Peanut Butter, Dates,  
Granola, Chocolate Protein  
Powder, Agave, Almond Milk

## *Acai Bowls*

**\$12**

*Built on Acai Sorbet and Granola*

### **TOPPINGS**

Granola, Banana,  
Strawberry, Blueberry,  
Raspberry, Pineapple,  
Peanut Butter, Almonds,  
Agave, Honey, Chia Seeds

*3 toppings included,  
add .50 for each additional*

*PLEASE NOTIFY THE CASHIER  
OF ANY ALLERGIES*

## *Wraps*

### **DELI WRAP \$9**

Ham, Turkey, Cheese, Iceberg Lettuce,  
Tomato, Pepperoncini, Ranch Dressing

### **CHICKEN CAESAR \$9**

Grilled Chicken, House Caesar Dressing,  
Parmesan, Romaine Lettuce, Homemade  
Cheez-Its!

### **VEGETARIAN WRAP \$7**

Avocado, Cucumber, Tomato, Olives,  
Spinach, Imported Feta, Herb Cream  
Cheese Spread

### **SOUTHWEST STEAK WRAP \$10**

Tri-Tip, Roast Corn, Cilantro, Jack or  
Cheddar Cheese, Avocado, Iceberg Lettuce,  
Southwest Ranch

## *Salad Bar*

**Small \$8 Large \$10**

### **GREENS**

Spring Mix, Iceberg/Romaine Mix,  
Power Mix (Kale, Brussels, Cabbage, Parsley)

### **TOPPINGS**

*Choose 3, add .50 for each additional*

Roast Beets, Roast Sweet Potatoes, Carrots, Green Onion,  
Bistro Olive Mix, Roast Corn, Cucumber, Broccoli, Tomato,  
Onion Straws, Croutons, Almonds, Glazed Walnuts, Cheese Its,  
Pine Nuts, Jack/Cheddar Mix, Feta, Parmesan, Bleu Cheese

### **PROTEINS**

Sous Vide Santa Maria Tri-Tip **+\$5**    Grilled Chicken Breast **+\$4**  
Applewood Smoked Bacon **+\$3**    Atlantic Salmon **+\$7**  
Garlic Shrimp **+\$5**    Avocado (1/2) **+\$2** | Whole **+\$3.50**

### **DRESSINGS**

Balsamic, Ranch, Herb, Honey Mustard, Sesame Ginger,  
Southwest Ranch, Raspberry Vinaigrette