



HOURS 8AM – 10PM

Smoothies

Small \$8 Large \$10

Add Protein Powder - .50¢

BERRY NICE

Strawberry, Blueberry, Raspberry, Acai, Almond Milk, Dates, Agave

GREENS MACHINE

Apple, Kale, Spinach, Cucumber, Lime Juice

TROPICAL PARADISE

Pineapple, Banana, Guava, Mango, Soy Milk, Agave

PEANUTBUTTERCHOCOHOLIC

Chocolate Sauce, Peanut Butter,
Dates, Granola, Agave,
Almond Milk

Acai Bowle

\$12

Built on Acai Sorbet and Granola

TOPPINGS

Granola, Banana, Strawberry, Blueberry, Raspberry, Pineapple, Peanut Butter, Almonds, Agave, Honey, Chia Seeds, Shredded Coconut

3 toppings included, add .50 for each additional

PLEASE NOTIFY THE CASHIER OF ANY ALLERGIES

Mraps

DELI WRAP \$9

Ham, Turkey, Cheese, Cream Cheese, Iceberg Lettuce, Tomato, Pepperoncini, Ranch Dressing

CHICKEN CAESAR \$9

Grilled Chicken, House Caesar Dressing, Cream Cheese, Parmesan, Romaine Lettuce, Homemade Cheez-Its!

VEGETARIAN WRAP \$7

Avocado, Cucumber, Tomato, Olives, Spinach, Imported Feta, Herb Cream Cheese Spread, Ranch

SW STEAK WRAP \$10

Tri tip, Roast Corn, Cilantro, Jack/Cheddar Mix, Cream Cheese, Avocado, Iceberg Lettuce, Southwest Ranch.

Salad Bar

Small \$8 Large \$10 GREENS

Spring Mix, Iceberg/Romaine Mix, Power Mix (Kale, Brussels, Cabbage)

TOPPINGS

Choose 3, add .50 for each additional

Roast Beets, Roast Sweet Potatoes, Carrots, Green Onion, Bistro Olive Mix, Roast Corn, Cucumber, Broccoli, Tomato, Onion Straws, Croutons, Almonds, Glazed Walnuts, Cheese Its, Pine Nuts, Jack/Cheddar Mix, Feta, Parmesan, Blue Cheese

PROTEINS

Sous Vide Santa Maria Tri Tip +\$5 Grilled Chicken Breast +\$4
Applewood Smoked Bacon +3 Atlantic Salmon +\$7
Garlic Shrimp +\$5 Avocado (1/2) + 2 | Whole +\$3.50

DRESSINGS

Balsamic, Ranch, Honey Mustard, Sesame Ginger, Southwest Ranch, Red Wine Vinaigrette