



Smoothies

Small \$8 Large \$10

Add Protein Powder - .50¢

BERRY NICE

Strawberry, Blueberry, Raspberry,
Acai, Almond Milk, Dates, Agave

GREENS MACHINE

Apple, Kale, Spinach, Cucumber,
Lime Juice

TROPICAL PARADISE

Pineapple, Banana, Guava, Mango, Soy
Milk, Agave, Dates

PEANUTBUTTERCHOCOHOLIC

Chocolate Sauce, Peanut Butter, Dates,
Granola, Agave, Banana, Almond Milk

Vaso de Fruta

\$12

Clam Chowder

Choice of bowl or bread bowl

\$12

Beverages

Agua Fresca **\$8**

Fountain Drinks **\$4**

Acai Bowls

\$12

Built on Acai Sorbet and Granola

TOPPINGS

Granola, Banana, Strawberry,
Blueberry, Raspberry,
Pineapple, Peanut Butter,
Almonds, Agave, Honey, Chia
Seeds, Shredded Coconut

3 toppings included, add .50 for each additional



HOURS

Fri - Tue 11am - 8pm | Wed & Thurs CLOSED

PLEASE NOTIFY THE CASHIER OF ANY ALLERGIES

Wraps

DELI WRAP \$9

Ham, Turkey, Cheese, Cream Cheese,
Iceberg Lettuce, Tomato, Pepperoncini,
Ranch Dressing

CHICKEN CAESAR \$9

Grilled Chicken, House Caesar Dressing,
Cream Cheese, Parmesan, Romaine Lettuce,
Homemade Cheez-Its!

VEGETARIAN WRAP \$7

Avocado, Cucumber, Tomato, Olives,
Spinach, Imported Feta, Herb Cream
Cheese Spread, Ranch

SW STEAK WRAP \$10

Tri tip, Roast Corn, Cilantro,
Jack/Cheddar Mix, Cream Cheese,
Avocado, Iceberg Lettuce,
Southwest Ranch.

Salad Bar

Small \$8 Large \$10

GREENS

Spring Mix, Iceberg/Romaine Mix,
Power Mix (Kale, Brussels, Cabbage)

TOPPINGS

Choose 3, add .50 for each additional

Roast Beets, Roast Sweet Potatoes, Carrots, Green Onion,
Bistro Olive Mix, Roast Corn, Cucumber, Broccoli, Tomato,
Onion Straws, Croutons, Almonds, Glazed Walnuts, Cheese Its,
Pine Nuts, Jack/Cheddar Mix, Feta, Parmesan, Blue Cheese

PROTEINS

Sous Vide Santa Maria Tri Tip **+\$5** Grilled Chicken Breast **+\$4**
Applewood Smoked Bacon **+3** Atlantic Salmon **+\$7**
Garlic Shrimp **+\$5** Avocado (1/2) **+ 2** | Whole **+\$3.50**

DRESSINGS

Balsamic, Ranch, Honey Mustard, Sesame Ginger,
Southwest Ranch, Red Wine Vinaigrette