



**HOURS**  
**Friday - Tuesday**  
11am - 8pm

**Wednesday &  
Thursday**  
CLOSED

Smoothies

**Small \$8.99    Large \$10.99**

*Add Protein Powder - .50¢*

**BERRY NICE**

Strawberry, Blueberry, Raspberry,  
Acai, Almond Milk, Dates, Agave

**GREENS MACHINE**

Apple, Kale, Spinach, Cucumber,  
Lime Juice

**TROPICAL PARADISE**

Pineapple, Banana, Guava, Mango, Soy  
Milk, Agave, Dates

**PEANUTBUTTERCHOCOHOLIC**

Chocolate Sauce, Peanut Butter, Dates,  
Granola, Agave, Banana, Almond Milk

Acai Bowls

**\$12.99**

*Built on Acai Sorbet and Granola*

**TOPPINGS**

Granola, Banana, Strawberry,  
Blueberry, Pineapple, Peanut Butter,  
Almonds, Agave, Honey, Chia Seeds,  
Shredded Coconut

*3 toppings included, add .50 for each additional*

Wraps

**DELI WRAP \$9.99**

Ham, Turkey, Cheese, Cream Cheese,  
Iceberg Lettuce, Tomato, Pepperoncini,  
Ranch Dressing

**CHICKEN CAESAR \$9.99**

Grilled Chicken, House Caesar Dressing,  
Cream Cheese, Parmesan, Romaine  
Lettuce, Homemade Cheez-Its!

**VEGETARIAN WRAP \$7.99**

Avocado, Cucumber, Tomato, Olives,  
Spinach, Imported Feta, Herb Cream  
Cheese Spread, Ranch

**SW STEAK WRAP \$10.99**

Tri tip, Roast Corn, Cilantro,  
Jack/Cheddar Mix, Cream Cheese,  
Avocado, Iceberg Lettuce,  
Southwest Ranch.

*PLEASE NOTIFY THE CASHIER OF ANY ALLERGIES*

Salads

CHEF'S SALAD \$13

Bacon, Ham, Turkey,  
Cherry Tomatoes,  
Shredded Monterey  
Jack Cheese, Avocado,  
Hard-Boiled Egg,  
Spring Mix Lettuce

*\*No substitutions*

CAESAR SALAD \$11

Grilled Chicken,  
Croutons,  
Romaine Lettuce,  
Parmesan Cheese

*\*No substitutions*

Salad Bar

Small \$8.99    Large \$10.99

GREENS

Spring Mix, Iceberg/Romaine Mix, Power Mix (Kale, Brussels, Cabbage)

TOPPINGS

*Choose 3, add .50 for each additional*

Roast Beets

Roast Sweet

Potatoes

Carrots

Green Onion

Bistro Olive Mix

Roast Corn

Cucumber

Broccoli

Tomato

Croutons

Almonds

Glazed Walnuts

Cheese-Its

Pine Nuts

Jack/Cheddar Mix

Feta

Parmesan

Blue Cheese

PROTEINS

Sous Vide Santa Maria Tri Tip **+\$5**

Applewood Smoked Bacon **+3**

Garlic Shrimp **+\$5**

Grilled Chicken Breast **+\$4**

Atlantic Salmon **+\$7**

Avocado (1/2) + **2** | Whole **+\$3.50**

DRESSINGS

Balsamic, Ranch, Honey Mustard, Sesame Ginger,  
Southwest Ranch, Red Wine Vinaigrette

Sides

VASO DE FRUTA \$12.99

CLAM CHOWDER

Bowl **\$12.99**

Bread Bowl **\$14.50**

BEVERAGES

Agua Fresca **\$8.99**

Fountain Drinks **\$4.75**