



HOURS

Friday - Tuesday

11am - 8pm

Wednesday &

Thursday

CLOSED

Smoothies

Small \$9.50 Large \$10.50

Add Protein Powder - \$1

BERRY NICE

Strawberry, Blueberry, Raspberry,
Acai, Almond Milk, Dates, Agave

GREENS MACHINE

Apple, Kale, Spinach, Cucumber,
Lime Juice

TROPICAL PARADISE

Pineapple, Banana, Guava, Mango,
Soy Milk, Agave, Dates

PEANUTBUTTERCHOCOHOLIC

Chocolate Sauce, Peanut Butter, Dates,
Granola, Agave, Banana, Almond Milk

Acai Bowls

\$12.99

Built on Acai Sorbet and Granola

TOPPINGS

Granola, Banana, Strawberry,
Blueberry, Pineapple, Peanut Butter,
Almonds, Agave, Honey, Chia Seeds,
Shredded Coconut

3 toppings included, add \$1 for each additional

Wraps

DELI WRAP \$10.50

Ham, Turkey, Cheese, Cream Cheese,
Iceberg Lettuce, Tomato, Pepperoncini,
Ranch Dressing

CHICKEN CAESAR \$10.50

Grilled Chicken, House Caesar Dressing,
Cream Cheese, Parmesan, Romaine Lettuce,
Homemade Cheez-Its!

VEGETARIAN WRAP \$8.50

Avocado, Cucumber, Tomato, Olives, Spinach,
Imported Feta, Herb Cream Cheese Spread,
Ranch

SW STEAK WRAP \$11.50

Tri tip, Roast Corn, Cilantro, Jack/Cheddar Mix,
Cream Cheese, Avocado, Iceberg Lettuce,
Southwest Ranch

Deli Sandwich

A LA CARTE \$11

COMBO (WITH CHIPS & A DRINK) \$16

Served on a Toasted 6" Hoagie Roll with
Turkey, Ham, Swiss Cheese, Shredded Lettuce,
Sliced Tomato, Pepperoncini, Creamy Mayo

PLEASE NOTIFY THE CASHIER OF ANY ALLERGIES

CHEF'S SALAD \$14

Bacon, Ham, Turkey,
Cherry Tomatoes,
Shredded Monterey
Jack Cheese, Avocado,
Hard-Boiled Egg,
Spring Mix Lettuce

**No substitutions*

CAESAR SALAD \$12

Grilled Chicken,
Croutons,
Romaine Lettuce,
Parmesan Cheese

**No substitutions*

VASO DE FRUTA

\$12.99

CLAM CHOWDER

Bowl **\$13.50**

Bread Bowl **\$15**

BEVERAGES

Agua Fresca **\$8.99**

Fountain Drinks **\$4.75**

Small \$8.99 Large \$10.99

GREENS

Spring Mix, Iceberg/Romaine Mix

TOPPINGS

Choose 3, add .75¢ for each additional

Roast Beets

Roast Sweet Potatoes

Carrots

Green Onion

Bistro Olive Mix

Roast Corn

Cucumber

Broccoli

Tomato

Croutons

Almonds

Glazed Walnuts

Cheese-Its

Pine Nuts

Jack/Cheddar Mix

Feta

Parmesan

PROTEINS

Sous Vide Santa Maria Tri Tip **+\$6**

Applewood Smoked Bacon **+\$3**

Garlic Shrimp **+\$6**

Grilled Chicken Breast **+\$5**

Atlantic Salmon **+\$8**

Avocado (1/2) **+\$2.50** | Whole **+\$4**

DRESSINGS

Balsamic, Ranch, Honey Mustard, Sesame
Ginger, Southwest Ranch, Red Wine Vinaigrette