



## Smoothies

**Small \$9.50 | Large \$10.50**

*Add Protein Powder - \$1*

### **BERRY NICE**

Strawberry, Blueberry, Raspberry,  
Acai, Almond Milk, Dates, Agave

### **GREENS MACHINE**

Apple, Kale, Spinach, Cucumber,  
Lime Juice

### **TROPICAL PARADISE**

Pineapple, Banana, Guava, Mango,  
Soy Milk, Agave, Dates

### **PEANUT BUTTER CHOCOHOLIC**

Chocolate Sauce, Peanut Butter, Dates,  
Granola, Agave, Banana, Almond Milk

## Wraps

### **DELI WRAP \$10.50**

Ham, Turkey, Jack/Cheddar Mix,  
Iceberg Lettuce, Tomatoes,  
Pepperoncini, Ranch

### **CHICKEN CAESAR \$10.50**

Grilled Chicken, House Caesar Dressing,  
Parmesan, Romaine Lettuce,  
House-made Cheese Crackers

### **VEGETARIAN WRAP \$8.50**

Avocado, Cucumber, Tomatoes, Olives,  
Spinach, Imported Feta, Ranch

### **SW STEAK WRAP \$11.50**

Tri-Tip, Roasted Corn, Cilantro,  
Jack/Cheddar Mix, Avocado,  
Iceberg Lettuce, Southwest Ranch

*All wraps served with Herb Cream Cheese Spread*

## Acai Bowls

**\$12.99**

*Built on Acai Sorbet and Granola*

### **TOPPINGS**

Granola, Banana, Strawberry,  
Blueberry, Pineapple, Peanut Butter,  
Almonds, Agave, Honey, Chia Seeds,  
Shredded Coconut

*3 toppings included,  
Add \$1 for each additional*

## Sandwich & Flatbread

### **TOMATO & FETA FLATBREAD \$9.95**

Topped with House-made Cheese Spread,  
Feta Cheese, Roasted Tomatoes, Spring Mix,  
Balsamic Glaze

### **DELI SANDWICH \$11**

Served on a Toasted 6" Hoagie Roll with  
Turkey, Ham, Swiss Cheese, Shredded Lettuce,  
Sliced Tomatoes, Pepperoncini, Creamy Mayo

**MAKE IT A COMBO  
(WITH CHIPS & A DRINK) \$16**

*PLEASE NOTIFY THE CASHIER OF ANY ALLERGIES*

## HOURS

**Friday - Tuesday: 11am - 8pm**

**Wednesday & Thursday: CLOSED**

Salads

**CAESAR SALAD \$12**

Grilled Chicken,  
Croutons,  
Romaine Lettuce,  
Parmesan Cheese

*\*No substitutions*

**CHEF'S SALAD \$14**

Bacon, Ham, Turkey,  
Cherry Tomatoes,  
Jack/Cheddar Mix,  
Avocado, Hard-Boiled  
Egg, Spring Mix

*\*No substitutions*

Salad Bar

**Small \$8.99 | Large \$10.99**

**GREENS**

Spring Mix or Iceberg/Romaine Mix

Roasted Beets  
Roasted Sweet Potatoes  
Carrots  
Green Onions  
Bistro Olive Mix  
Roasted Corn

Cucumber  
Broccoli  
Tomatoes  
Croutons  
Almonds  
Glazed Walnuts

**TOPPINGS**

Choose 3, Add .75¢ for each additional

Cheez-Its  
Pine Nuts  
Jack/Cheddar Mix  
Feta  
Parmesan

**PROTEINS**

Sous Vide Santa Maria Tri Tip **+\$6**  
Applewood Smoked Bacon **+\$3**  
Garlic Shrimp **+\$6**

Grilled Chicken Breast **+\$5**  
Atlantic Salmon **+\$8**  
Avocado (1/2) **+\$2.50** | Whole **+\$4**

**DRESSINGS**

Balsamic, Ranch, Honey Mustard, Sesame Ginger, Southwest Ranch, Red Wine Vinaigrette

Sides

**VASO DE FRUTA \$12.99**  
**(FRESH FRUIT CUP)**

**CLAM CHOWDER**

Bowl **\$13.50**  
Bread Bowl **\$15**

Beverages

**MARGARITA SLUSHIES**

Watermelon or Peach  
20oz. **\$12**  
Souvenir Cup  
24oz. **\$16**

**SPECIALTY**

Michelada  
32oz. **\$12**

**BEERS \$8**

Pacifico | Corona  
Modelo | Coors Light  
Michelob Ultra | Heineken  
Heineken 0.0

**WHITE CLAW**

Black Cherry, Mango or Watermelon  
12oz. **\$5**

**SODAS**

Agua Fresca **\$8.99**  
Fountain Drinks **\$4.75**