Mountain Fresh

SMOOTHIES. BOWLS. WRAPS. SALADS.

ACAI BOWLS

$12.99

Built on Acaí Sorbet and Granola

TOPPINGS

Granola, Banana, Strawberry, Blueberry, Pineapple, Peanut Butter, Almonds, Agave, Honey, Chia Seeds, Shredded Coconut

3 toppings included,
Add $1 for each additional

WRAPS

DELI WRAP $10.50
Ham, Turkey, Jack/Cheddar Mix, Iceberg Lettuce, Tomatoes, Pepperoncini, Ranch

CHICKEN CAESAR $10.50
Grilled Chicken, House Caesar Dressing, Parmesan, Romaine Lettuce, House-made Cheese Crackers

VEGETARIAN WRAP $8.50
Avocado, Cucumber, Tomatoes, Olives, Spinach, Imported Feta, Ranch

SW STEAK WRAP $11.50
Tri-Tip, Roasted Corn, Cilantro, Jack/Cheddar Mix, Avocado, Iceberg Lettuce, Southwest Ranch

All wraps served with Herb Cream Cheese Spread

SANDWICH & FLATBREAD

TOMATO & FETA FLATBREAD $9.95
Topped with House-made Cheese Spread, Feta Cheese, Roasted Tomatoes, Spring Mix, Balsamic Glaze

DELI SANDWICH $11
Served on a Toasted 6" Hoagie Roll with Turkey, Ham, Swiss Cheese, Shredded Lettuce, Sliced Tomatoes, Pepperoncini, Creamy Mayo

CHOICE OF SIDES:

Garlic Parmesan Fries, Side Salad or Chips

MAKE IT A COMBO $16
(Includes a Drink & Your Choice of Side)

TUNA SANDWICH A LA CARTE $12
Toasted Wheat Bread with Crisp Romaine Lettuce, Sliced Tomatoes, Sliced Avocado, Flavorful Tuna Salad

CHOICE OF SIDES:

Garlic Parmesan Fries, Side Salad or Chips

MAKE IT A COMBO $17
(Includes a Drink & Your Choice of Side)

PLEASE NOTIFY THE CASHIER OF ANY ALLERGIES

HOURS

Friday - Tuesday: 11am - 8pm
Wednesday & Thursday: CLOSED

SALADS

CAESAR SALAD $12
Grilled Chicken,
Croutons,
Romaine Lettuce,
Parmesan Cheese

**No substitutions*

CHEF'S SALAD $14
Bacon, Ham, Turkey,
Cherry Tomatoes,
Jack/Cheddar Mix,
Avocado, Hard-Boiled
Egg, Spring Mix

**No substitutions*

SIDES

VASO DE FRUTA $12.99
(FRESH FRUIT CUP)

CLAM CHOWDER

Bowl **$13.50**
Bread Bowl **$15**
Garlic Parmesan Fries **$9**

SALAD BAR

GREENS $12
Spring Mix or Iceberg/Romaine Mix

Carrots	Tomatoes	Cheez-Its
Green Onions	Croutons	Jack/Cheddar
Roasted Corn	Almonds	Mix
Cucumber	Glazed	Feta
Broccoli	Walnuts	Parmesan

TOPPINGS
Choose 5, Add $1 for each additional

PROTEINS
Sous Vide Santa Maria Tri Tip **+$6**
Applewood Smoked Bacon **+$3**
Garlic Shrimp **+$6**
Hard Boiled Egg **+$3**
Grilled Chicken Breast **+$5**
Crispy Chicken Tenders 2pcs. **$6** | 3pcs. **$8**
Avocado (1/2) **+$2.50** | Whole **+$4**

DRESSINGS
Balsamic, Ranch, Southwest Ranch

BEVERAGES

BEERS $6
Pacifico | Corona | Modelo | Coors Light
Michelob Ultra | Heineken

WHITE CLAW
Black Cherry or Watermelon
12oz. **$5**

HIGH NOON VODKA SELTZER $7
Watermelon, Black Cherry

SPECIALTY
Michelada
32oz. **$12**

SODAS
Fountain Drinks **$4.75**

SMOOTHIES

Small $9.50 | Large $10.50

Add Protein Powder - $1

BERRY NICE
Strawberry, Blueberry, Raspberry,
Acaí, Almond Milk, Dates, Agave

GREENS MACHINE
Apple, Kale, Spinach, Cucumber,
Lime Juice

TROPICAL PARADISE
Pineapple, Banana, Guava, Mango,
Soy Milk, Agave, Dates

PEANUT BUTTER CHOCOHOLIC
Chocolate Sauce, Peanut Butter, Dates,
Granola, Agave, Banana, Almond Milk